



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

## 3<sup>rd</sup>-5<sup>th</sup> Grade Boys/Girls COMBO WORKOUT

### Advanced Offensive Skills and Shooting & Scoring Workout

**Location:** Avera Sports Center (85<sup>th</sup> & Minnesota)

**Cost:** \$159 *Please pay online at time of registration.*

**Athletes will receive Warwick Workout T-shirt & Custom Elite Hype Socks**

Weekly Workouts are the foundation to becoming a skilled basketball player. The advanced offensive skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. We will also incorporate shooting and scoring drills each week focused on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens. These drills will assist athletes to become a more effective shooter and scorer.

|                                   |                                   |
|-----------------------------------|-----------------------------------|
| Sunday, January 10 <sup>th</sup>  | 2:15-3:45 pm                      |
| Sunday, January 17 <sup>th</sup>  | 2:15-3:45 pm                      |
| Sunday, January 24 <sup>th</sup>  | 2:15-3:45 pm @ USF Stewart Center |
| Sunday, January 31 <sup>th</sup>  | 2:15-3:45 pm                      |
| Sunday, February 7 <sup>th</sup>  | No Workouts Scheduled             |
| Sunday, February 14 <sup>th</sup> | 2:15-3:45 pm                      |
| Sunday, February 21 <sup>st</sup> | 2:15-3:45 pm                      |

**Register online at [www.warwickworkouts.com](http://www.warwickworkouts.com)**

**Find your session under the register HERE tab**

Contact Kris Warwick or Garrett Callahan with questions about workouts

Email: [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

Cell: (605) 391-6700 Kris or (815) 545-9634 Garrett

**WHERE CHAMPIONS TRAIN.**